

Team Manual



www.wuccrosscountry2016.com

20th World University Cross Country Championships

12th March 2016

Cassino, Italy

CONTENTS

- 1. GENERAL INFORMATION**
 - 1.1 Host City: Cassino
 - 1.2 Geography
 - 1.3 Climate
 - 1.4 Main Sights
 - 1.5 Time Zone
 - 1.6 Currency
- 2. ORGANISATIONAL STRUCTURE**
 - 2.1 FISU Delegates
 - 2.2 Local Organising Committee
- 3. ARRIVALS**
 - 3.1 Arrival by Air
 - 3.2 Arrival by Road
 - 3.3 Arrival by Train
- 4. TRANSPORT**
 - 4.1 Transportation Desk
 - 4.2 Bus Service
 - 4.3 Return to Airport / Train Stations
- 5. ACCOMMODATION**
 - 5.1 General Information
 - 5.2 Information Desk
 - 5.3 Payment Procedures
 - 5.4 Meals
- 6. ACCREDITATION**
 - 6.1 General
 - 6.2 Accreditation Procedure
 - 6.3 Loss of Accreditation
 - 6.4 Access Areas for Teams
- 7. TECHNICAL INFORMATION**
 - 7.1 The Course
 - 7.2 Technical Information Centre (TIC)
 - 7.3 Technical Meeting
 - 7.3.1 Technical Meeting Agenda
 - 7.4 Inspection of the Competition Venue
 - 7.5 Dressing Rooms
- 8. COMPETITION REGULATIONS**
 - 8.1 FISU Regulations
 - 8.2 Participation Criteria
 - 8.3 Entries
 - 8.3.1 Final Entries
 - 8.4. Final Confirmation
 - 8.4.1 Withdrawal
 - 8.5 Scoring
 - 8.6 Starting Stations
 - 8.7 Competition Bibs
 - 8.8 Chip Transponders
 - 8.9 Competition Clothing
- 9. COMPETITION PROCEDURE**
 - 9.1 Timetable
 - 9.2 Warming up Before Events

20th World University Cross Country Championships

- 9.3 Assembly and Call Room Procedures
- 9.4 Event Presentation Format
- 9.5 Competition Preparations
 - 9.5.1 Starter's Commands
 - 9.5.2 False Start
- 9.6 Timing
- 9.7 Leaving the Course after the Competition
- 9.8 Protests and Appeals
- 9.9 Interviews
- 9.10 Victory Ceremonies

10. INFORMATION

- 10.1 Clocks
- 10.2 Announcements
- 10.3 Start Lists
- 10.4 Results / Intermediate Scores

11. MEDICAL SERVICES & DOPING CONTROL

- 11.1 Medical Services
 - 11.1.1 Medical Services in the Hotel
 - 11.1.2 Medical Care at the Competition Venue
- 11.2 Doping Controls
 - 11.2.1 Selection of Athletes
 - 11.2.2 Additional Controls

12. SECURITY

13. OPENING & CLOSING CEREMONIES

- 13.1 FISU / Local OC dinner
- 13.2 Opening Ceremony
- 13.3 Closing Ceremony and Party

14. DEPARTURE

15. CONTACT DETAILS

16. APPENDIX

- Appendix 1 – Map of the course and course profile

20th World University Cross Country Championships

1. GENERAL INFORMATION

1.1 Host City: Cassino

Cassino ['kas'sino] is a *comune* in the province of Frosinone, Italy, at the southern end of the region of Lazio.

Cassino is located at the foot of Monte Cairo near the confluence of the Gari and Liri rivers. The city is best known as the site of the Abbey of Montecassino and the Battle of Monte Cassino during World War II, which resulted in huge Allied and German casualties as well as the near total destruction of the town itself. Today, Cassino is also home to the University of Cassino and a Fiat-Chrysler automotive plant.

Cassino has a population of 35,860 As of August 2015,[1] making it the second largest town in the province.

Cassino City guide in PDF format is available on the event website.

1.2 Geography

Cassino is located at the southern end of the region of Lazio and at the northern end of the historical region called Terra di Lavoro. The city centre is set in a valley at the foot of Monte Cassino and Monte Cairo. Cassino is distant 123 km (76 mi) from Rome, 101 km (63 mi) from Naples, 28 km (17 mi) from the coast (Gulf of Gaeta) and 24 km (15 mi) from the Parco nazionale d'Abruzzo, Lazio e Molise.

The town is crossed by the rivers Gari and Rapido that join themselves in the area of the Varronian Thermal Baths; forward, in the frazione of Sant'Angelo in Theodice, the Gari joins the Liri, becoming Garigliano, the river that marks the border between the regions Lazio and Campania.

1.3 Climate

Because of its valley location, Cassino is often foggy in the winter, with chilly rainfall. Summers are generally quite warm and humid.

1.4 Main sights

Abbey of Monte Cassino: founded by St. Benedict in 529, the Abbey of Monte Cassino is one of the most famous monasteries in the world and is the source of the Benedictine Order. It has been destroyed four times in its millennial history, the last time in 1944 by Allied bombing. It has been rebuilt "Com'era, dov'era" ("How it was, where it was") after the war, and reconsecrated by Pope Paul VI in 1964.

1.5 Time Zone

Cassino lies in the central European time zone CET (GMT+1 hour).

The summer daylight saving time is from the end of March to the end of October (GMT+2 hours).

1.6 Business Hours Shops, Government Offices, Banks and Currency

Banks:

- working days 08:35-13:35/14:45-16:30
- Saturdays 08:35 -13:00
- Sundays only those on duty

Post offices:

- working days 08:00- 19:00
- Saturdays 08:00-19:00
- Sundays only those on duty

Groceries:

- working days 08:30 -20:00
- Saturdays 08:30-20:00
- Sundays 08:30-20:00

Markets:

- every day 09:00-21:00

20th World University Cross Country Championships

Shops in shopping malls:

- working days 09:00-13:00/16:00-20:00

Department stores:

- every day 09:00-21:00

Drugstores:

- open 00:00-24:00

The official currency is the **euro** (EUR).

Coins: 1, 2, 5, 10, 20, 50 cents; 1, 2 euro.

Paper bills: 5, 10, 20, 50, 100, 200, 500 euro.



Currency exchange is performed by:

- banks
- exchange offices

2. ORGANISATIONAL STRUCTURE

2.1 FISU Delegates

FISU 1st Vice-president
International Control Committee
International Medical Committee
FISU Technical Delegate
World University Championships Director

Leonz EDER (SUI)
Tarmo JAAKSON (EST)
Pietro RETTAGLIATA (ITA)
Carlos CARDOSO (POR)
Paulo FERREIRA (POR)

2.2 Local Organizing Committee

President:
Executive Coordinator:
Technical Director:
Medical and antidoping Liason:
Responsible for Course:
Assistant for Course:
Technical Manager:

Ciro Attaianese
Carmine Calce
Mauro Nasciuti
Giovanni Capelli
Augusto Terranova
Renato Lombardi
Daniele Masala

20th World University Cross Country Championships

Team Liason and Volunteer Responsible:	Lavinia Falese
Trasportation Manager:	Sergio Calce and Francesca Marotta
Accomodation Manager:	Andrea Calce
OC International Secretary:	Claudia Petruccelli
Accreditation Manager:	Flaminia Calce
Protocol and Ceremonies:	Laurent Ottoz
City Involvement Manager:	Danilo Grossi
Promotion Manager:	Riccardo Mancinelli
Social Network and New Media Manager:	Pasquale Teoli
Security Director:	Crescenzo Pittiglio
Media Liason:	Alberto Simone
Branding and Visual Identity Manager:	Edmondo Colella
Marketing Manager:	Aldo Terranova
Website Manager:	Ciro Marandola
Photographer:	Domax2000
Administrative and Financial Manager:	Rosanna Riccio

3. ARRIVALS

3.1 Arrival by Air

The main airport for the event is 'Napoli Capodichino Airport' so the transportation for delegations to and from this airport, to/from Accommodation venues is free, offered by the OC , for number of races will be scheduled at different hours that later will be defined according to different demands.

However, to allow the participation of more countries in our World University Championship, the OC has provided a shuttle service by providing a supplement on the basis of requests received to/from Rome Ciampino and Rome Fiumicino.

Summing:

- Naples Capodichino Airport – Cassino (90 Km) – Shuttle service (free)
- From Capodichino Airport: Bus Line 'Alibus' to the train station Napoli Centrale (Piazza Garibaldi), train Naples-Cassino line Fr6 to Cassino. Alternatively bus 'Roma Marche Linee Spa', from Napoli Centrale railway station to Cassino railway station: info, costs and times at <http://www.romamarchelinee.it/?strLang=en>.
- Rome Ciampino Airport – Cassino (120 Km) – Shuttle service (8.00 € as additional charge)
- From Ciampino Airport: bus 'Atral' which will take you in 5 minutes to the train station of Ciampino, train Ciampino-Cassino line Fr6 to Cassino. For information, times and prices: <http://www.atral-lazio.com/en/ciampino>.
- Rome Fiumicino Airport – Cassino (150 Km) – Shuttle service (10.00 € as additional charge)
- From Fiumicino Airport: train 'Leonardo Express' from the airport to Rome Termini station, train Rome-Cassino line Fr6 to Cassino. **For information, times and prices:** <http://www.trenitalia.com/tcom-en>.

3.2 Arrival by Road

Teams arriving by road are kindly asked to go directly to their hotels, where representatives from the LOC will welcome them.

3.3 Arrival by Train

Cassino is served by the railway line Rome – Naples (Line Fr6). The name of the station is 'Stazione di Cassino'. Arrival by train is very convenient, as the resort is located in the centre of the city. Just

20th World University Cross Country Championships

outside the train station, you will find a taxi station providing an easy access to accommodations outside the city centre, too.

The website for transport by train is <http://www.trenitalia.com/tcom-en>.

For any transportation needs from Cassino station, the OC can provide a free shuttle service according to different requests.

Campus Folcara - WUC2016 Village from railway station.

4. TRANSPORT

4.1 Transportation Desk

The Transportation Desk will be located in the lobby of all official hotels, with the following opening dates/hours:

Tuesday	08 March	18:00-20:00
Wednesday	09 March	10:00-12:00/15:00-16:00/18:00-20:00
Thursday	10 March	08:00-10:00/15:00-16:00/18:00-20:00
Friday	11 March	08:00-10:00/15:00-17:00/18:00-20:00
Saturday	12 March	08:00-10:00/15:00-19:00

4.2 Bus Service

A regular bus service will be provided between the teams' hotel, official training/venue inspection, social functions, the technical meeting and the competition venue. Transfer times between the hotels and the competition venue will be approx. 8 to 10min.

Full details of the transfer schedules between the teams' hotel and the various venues will be available at the Information Desk in each hotel.

4.3 Return to Airport / Train stations

Transport will be arranged according to the travel schedules submitted by the teams. Further information will be available at the Information Desk in each hotel.

5. ACCOMMODATION

5.1 General Information

The official hotels for the 20th World University Cross Country Championships Cassino 2016:

"Hotel Rocca"

Address: Via Sferracavalli n. 105, 03043 Cassino FR

Tel. 0776/311212 Fax: 0776/25427 www.hotelrocca.it Email: rocca.fr@bestwestern.it

"Hotel Ristorante Al Boschetto"

Address: Via Ausonia n. 54, 03043 Cassino FR

Tel. 0776/39131 www.hotelristorantealboschetto.it Email: info@hotelristorantealboschetto.it

"Hotel Forum"

Address: Via Casilina Nord km 136.500, 03043 Cassino FR

Tel. 0776/301211 Fax: 0776/302116 www.hotelforumpalace.it Email: info@hotelforumpalace.it

20th World University Cross Country Championships

“Edra Palace Hotel”

Address: Via Ausonia angolo Via Cerro SN, 03043 Cassino FR

Tel. 0776/373010 Fax: 0776/370000

www.edrapalacehotel.it Email: info@edrapalacehotel.it

5.2 Information Desk

An Information Desk will be located in the lobby of each team hotel with qualified personnel offering relevant information about all aspects of the **20th World University Cross Country Championships Cassino 2016**. The Information Desks will be open from 8:00 to 22:00 from Thursday 10th March until Sunday 14th March.

5.3 Payment Procedures

Bank transfer; Credit Card; Cash up to 3.000,00€.

For details, please contact the OC secretary.

5.4 Meals

All meals will be taken in the teams' hotel restaurant. The restaurant opening times are:

Breakfast	from 06:30 until 10:00
Lunch	from 12:00 until 15:00
Dinner	from 19:00 until 23:00

On Saturday 12 March, race day:

Breakfast	from 06:00 until 10:00
Lunch	from 13:00 until 15:30
Dinner at Closing Party	from 20:00 on

Accreditation cards will allow access to the hotel restaurant.

For lunch and dinner, mineral water is available free of charge. All other drinks have to be paid for.

On the competition date late serving provisions will be made for those athletes detained at the venue due to doping controls or protests.

6. ACCREDITATION

6.1 General

Each team member will receive an accreditation card, which must be worn at all times and should be clearly visible. Security personnel will control all areas. The accreditation is not transferable and does not allow the holder to take another person beyond checkpoints.

20th World University Cross Country Championships

6.2 Accreditation Procedure

Accreditation cards will be prepared in advance, based on the information provided by the Member Federation through the online entry system. No changes will be accepted after the final entry deadline.

Accreditation cards will be distributed at the Accreditation Centre located to the Cross Country Village. The Team Leader will be responsible for collecting the team's accreditation cards.

6.3 Loss of an Accreditation Card

Any lost or damaged accreditation cards should be reported to LOC, either at the Accreditation Centre or the LOC office at the competition venue on competition day. Duplicate cards can be obtained where proof of identity can be established.

6.4 Access Areas for Teams

All team accreditation cards will allow access to the teams' tent, warm-up area and TIC. Only athletes who are directly involved in the competition will have access to the call room and to the course.

The Head of Delegation from each team is invited to the VIP area and will be given the necessary access number on the accreditation card.

Separate cards will be issued for the Team Leaders, for access to the information available in the Technical Information Centre (TIC).

Access to the Doping Control: 1 pass will be given to the athlete upon notification and an additional pass for an accompanying person. Passes will be collected once they enter the Doping Control Station.

7. TECHNICAL INFORMATION

7.1 The Course

The 20th World University Cross Country will be disputed on a 1500 meters lap course typically grassed.

The distances per race are as follows:

Senior Men	10700 m	(150m starting straight + 7 laps x1500m + 50m final straight)
Senior Women	6200 m	(150m starting straight + 4 laps x1500m + 50m final straight)

7.2 Technical Information Centre (TIC)

The main function of the Technical Information Centre is to ensure smooth communication between each Team Delegates and the LOC, the FISU Technical Delegate and the Competition Management, regarding technical matters.

The TIC is located at the competition venue.

Opening hours:

Saturday 12 March 08:00 - 15:00

20th World University Cross Country Championships

The TIC will be linked to all Information Desks set up for this event and shall be responsible for the following:

- Settlement of technical enquiries from delegations
- Competition information
- Recovery of items confiscated at the Call Room
- Requests for additional doping control tests
- Urgent notices – collection and delivery of any urgent written notices to the Team Delegations from Technical Delegate and LOC
- Publication of results
- Receipt of appeals from the teams

All technical information regarding the competition will be distributed to each delegation in a pigeon box given to each team. This information will also be displayed on information boards. Access to the information to be distributed at the TIC will be controlled by a separate card, not by the accreditation card. TIC cards will be given to each Team Leader (in principle one per team).

Teams that are not able to attend the Technical Meeting, under extreme circumstances, can collect their information material from the TIC after the technical meeting.

7.3 Technical Meeting

The Technical Meeting will be held on the Friday 11 March at 16:00 in Rettorato (Campus Folcara – Competition Venue).

Each team may be represented by a maximum of two team delegates and, if necessary, an interpreter. It is very important that all teams are represented at the Technical Meeting.

All questions related to the Technical Meeting must be presented in writing in English, at the Teams Hotels Information Desks or at the TIC in the venue before 10:30 on Friday 11 March in the appropriate form.

The Technical Meeting will be held in English.

The Technical Meeting will be attended by:

- FISU Representative
- LOC President
- Local Authorities Representatives
- Delegates of the Event (Technical and Doping Control Delegate)
- Jury of Appeal
- Competition Director
- Competition Officials
- TIC Manager

7.3.1 Agenda

The preliminary agenda of the Technical Meeting includes:

- Welcome by the President of the Local Organising Committee
- Welcome by the FISU Representative
- Information about members of Jury of Appeal
- Presentation of the Competition Officials
- Information briefing by the Technical Delegate on matters not covered by the Team Manual
- Presentation of the competition and warm-up venues
- Opening/Closing Ceremony and Closing Party
- Information briefing by the Doping Control Delegate
- Answering of questions submitted in writing by federations

20th World University Cross Country Championships

7.4 Inspection of Competition Venue

Heads of Delegation and team members may visit the venue, inspecting access routes and other facilities which will be important to the teams on Friday 11 March at 15:00 to 16:00 during the training.

7.5 Dressing Rooms

Dressing rooms are located in the Teams Tent
Transport will be provided according to the schedule published at the Information Desk in each hotel.

8. COMPETITION REGULATIONS

8.1 FISU Regulations

The cross-country competitions shall be run in accordance with the most recent technical rules of the International Association of Athletic Federation (IAAF), unless otherwise stated. In case of disagreement in the interpretation of the rules, the English text shall be regarded as authoritative.

8.2 Participation criteria

As per Art.5.2.1 of FISU Regulations, only the following may participate as competitors in a FISU World University Championship:

- a) Students who are currently officially registered as proceeding towards a degree or diploma at a university or similar institute whose status is recognised by the appropriate national academic authority of their country;
- b) Former students of the institutions mentioned in a) who have obtained their academic degree or diploma in the year preceding the event;

Notwithstanding Art.5.2.1 of FISU Regulations, in countries with fewer than 2,000,000 inhabitants or fewer than 5,000 university students, students attending technical or secondary schools may participate in FISU Championships provided they have been attending their establishments for at least two (2) years.

Countries wishing to take advantage of the concession in the first paragraph of Art.5.2.2 must submit an application to the FISU Executive Committee at least six (6) months before the scheduled start of the event. Such an application must be supported by documents endorsed by the appropriate state or national or academic school authorities.

All competitors must satisfy the following conditions:

- a) Be a national of the country they represent;
- b) Be at least 17 and less than 28 years of age on January 1st in the year of the event. For 2016, athletes must be born between 01/01/1988 and 31/12/1998.

8.3 Entries

Each FISU Member country may enter one (1) team for each event.

Each country may enter a maximum of twenty (21) persons: fifteen (16) competitors and five (5) officials.

Each country may enter in the events:

20th World University Cross Country Championships

- Men's individual event: a maximum of eight (8) competitors per country; no more than six (6) shall be allowed to start in the race.
- Women's individual event: a maximum of eight (8) competitors per country; no more than six (6) shall be allowed to start in the race.

8.3.1 Final Entries

The deadline for sending the individual entries of athletes shall be fixed between the OC and FISU.

8.4 Final Confirmation

Team Leaders or their representatives must confirm the names of those competitors already entered who will actually take part in the competition. Forms for the final declaration and confirmation will be distributed to each delegation during accreditation. These forms must be completed and returned immediately in the Accreditation Centre upon arrival **or no later than Friday, 11th March by 09:30 at the TIC Information Desks at the Teams Hotels.**

Any team foreseeing to arrive later than this deadline shall confirm the respective athletes' participation via email to wuccrosscountry2016@gmail.com

Final start lists will be ready for collection together with the bibs after the Technical Meeting.

8.4.1 Withdrawal

Withdrawal of any confirmation must be indicated to the TIC in writing on the official withdrawal form.

8.5 Scoring

Men's team classification: The first four (4) finishers shall participate in team classification.

Women's team classification: The first three (3) finishers shall participate in team classification.

Team classification shall be carried out as follows:

- a) Each race shall be scored separately. The team results shall be decided by the aggregate of places recorded by the scoring athletes of each team.
- b) The team with the lowest aggregate of points will be judged the winner. If a team fails to finish with a complete scoring team, the runners finishing shall be counted as individuals in the race result and be eligible for the individual awards.
- c) In assessing the aggregate, no adjustment to the scoring of the finishing teams shall be made in respect of any non-scoring team runners or of individual entries.
- d) In the event of a tie, it shall be resolved in favour of the team whose last scoring member finishes nearer to first place

8.6 Starting Boxes

The draw of the start boxes shall be conducted before the first General Technical Meeting by the Race Director under the supervision of the FISU TD.

8.7 Competition Bibs

Each athlete will receive 3 bibs after the Technical Meeting: 1 name bib (including chip transponder as per point 8.8) and 2 number bib. The name bib have to be put one on the front of the competition vest. The number bibs will have to be worn one on the back of the competition vest and the other on the athlete's bag.

20th World University Cross Country Championships

The competition bibs may not be cut, bent, covered or ruined in any way.

8.8 Chip Transponders

Chip transponders are built in the front bib (name bib). Athletes must ensure the proper placement of the bib on their own chest.

8.9 Competition Clothing

Competitors must wear their country's official team clothing. IAAF Rule 143 will be strictly applied. Please make sure to follow the IAAF Advertising Regulations in force. Clothing and items not conforming to this rule and the current IAAF Advertising Regulations will be removed from the call room.

Team clothing must be uniform. A competitor wearing any other clothing will have no access to the competition area and will not be allowed to compete. This rule applies both to competition clothing (vest, shorts and tights) as well as to tracksuits.

9. COMPETITION PROCEDURE

9.1 Timetable

Friday 11 March:

15:00	Course Inspection
16:00	Technical Meeting
17:30	Welcome to all delegations
19:00	Opening Ceremony

Saturday 12 March will be:

10:30	FISU Opening Cerimony – Cross Country Village, Campus Folcara, Rettorato
11:00	6.2 km Senior Women
11:40	Senior Women Victory Ceremony – Individual and Teams
12:00	10.7 km Senior Men
12:45	Senior Men Victory Ceremony – Individual and Teams

9.2 Warming Up Before Events

Warming up will take place in the warm up-area, which is a closed area. After Call room, athletes will be able to use a reserved area for warm-up still before start. At the end of the warming up the athletes shall prepare for the race and will put the removed clothing in dedicated baskets identified with the respective country code name (one for each Federation). These will be transported by the LOC staff from the start to the kit collection area.

9.3 Assembly and Call Room Procedures

The first call for the participants will be made in the Call Room near the start line. It is the responsibility of the team officials to ensure that their athletes are aware of the last check-in times for entry to the Call Room. Athletes arriving late may be excluded from participation in the event.

Athletes must report to the Call Room before each event as follows

Senior Women 10:40 to 10:45

20th World University Cross Country Championships

Senior Men 11:40 to 11:45

Athletes are allowed to leave the Call Room as soon as they are ready.

On leaving the call room, athletes will be directed into the start area to prepare for the race. A warning signal will be given 3 minutes and 1 minute before the start of the race.

9.4 Event Presentation format

Announcements will be made in Italian and English.

9.5 Competition Preparations

9.5.1 Starter's Commands

All instructions will be given in English.

The command is "On your marks" followed by a shot from the starter's gun.

9.5.2 False start

In the event of the false start, the starter will fire a second shot and officials will raise a tape across the course, 80 m from the start line.

9.6 Timing

The official timing will be provided by FIDAL Servizi and will be displayed on the official electronic timing instrument and photo finish cameras provided by FIDAL Servizi.

9.7 Leaving the course after the competition

After the competition, athletes will immediately leave the course through the mixed zone where the media interviews will take place. They will find their clothes in the kit collection area, which is right after the Mixed Zone.

Athletes attending the individual victory ceremonies will be accompanied directly to the Victory Ceremony zone. Their bags with clothes and shoes will be taken to this area by the volunteers. Therefore athletes are requested to have in their bag the necessary clothing and shoes for the ceremonies.

9.8 Protests and Appeals

Protests and appeals are permitted and will be processed in accordance with IAAF Rule 146.

In the first instance, protests must be made orally to the Referee by the athlete himself/herself or by a responsible official acting on his/her behalf (Rule 146.3). Protests concerning the result or conduct of an event shall be made within 30 minutes of the official announcement of the result of that event (posted on the TIC information board).

Any written appeal to the Jury of Appeal must be made in accordance with Rule 146.5 and signed by a responsible official on behalf of the athlete and submitted to TIC within 30 minutes after the official announcement of the decision made by the Referee.

When submitting an appeal form, a deposit of EUR 75, as set in the rules, must be paid. If the protest is unsuccessful, the deposit will not be returned.

20th World University Cross Country Championships

The Jury's decision will be provided in writing.

9.9 Interviews

Immediately after the competition, the flash interview group will interview the winning athletes. These interviews will be distributed on information sheets to the media. In the mixed zone, all athletes meet the media: first TV, then radio and finally the written press. It is for the athlete to decide whether he/she will give an interview.

9.10 Victory Ceremonies

The victory ceremony for individuals will take place on the venue immediately after finish of each race, as scheduled on the event programme.

Athletes must wear the official team clothing for the ceremonies, and no other items shall be taken to the podium, such as flags, bags or other.

Athletes attending the individual victory ceremony will be accompanied directly from the finish line to the Victory Ceremony preparation room (without going through the Mixed Zone). **Therefore, athletes are urged to have their clothing and shoes in their individual backpack, with their bib number attached to their bag as it will be taken directly to the Victory Ceremony preparation room by volunteers and so should be easily and clearly identifiable.**

10. INFORMATION

10.1 Clocks

A clock showing the race time is positioned on the finish line gantry as well as at the lap point. Final and intermediate results of the races and the respective team points will be indicated on the video board.

10.2 Announcements

Official announcements will be made in Italian and English.

10.3 Start Lists

Start Lists will be available for the Team Leaders after The Technical Meeting on Friday, 11 march and displayed at the Info Desk in Teams' Hotel.

10.4 Result Lists / Intermediate Scores

Results will be displayed on the notice boards located outside the TIC immediately after the completion of each race. A copy of each event results will be available at the TIC in each team pigeon box.

The complete results of the 20th WORLD UNIVERISTY CROSS COUNTRY CHAMPIONSHIPS in the form of a booklet will be available on Sunday morning at the Information Desk in teams' hotel.

11. MEDICAL SERVICES & DOPING CONTROLS

11.1 Medical Services

The medical service will provide medical information and assistance to teams, organisation personnel, and honorary guests as well as, during the competition, to the spectators.

In case of emergency, please contact the nearest medical first aid station or call the Emergency number 112.

11.1.1 Medical Services in the Hotel

For medical or emergency needs Team Leaders will contact the hotel reception.

11.1.2 Medical Care at the Competition Venue

A medical tent will be active at the Venue site for acute medical assistance. First aid teams Red Cross marked, supervised by doctors, will be distributed around the course during the competition.

The local medical service will be responsible for any problem concerning the athletes' health both at competition and warming up areas. In case of injuries, only the official physician will be admitted to the course. The respective physician will decide on the further treatment of the injured athlete.

Team doctors will have access to the medical service facilities when an athlete of his/her own team is hurt or is in need of other medical attention.

11.2 Doping Controls

Doping control shall be conducted in accordance with IAAF Rules and Anti-doping Regulations under the supervision of the Doping Control Delegate. Both urine and blood samples may be collected immediately before, and during, the Championships.

Athletes selected for doping control shall be informed by anti-doping officials. Athletes will be required to sign a confirmation of notification. Athletes who are to be tested may invite a team official to accompany them to the Doping Control Station (DCS).

A selected athlete should report immediately to the DCS unless there are valid reasons for delay. All selected athletes will be accompanied by a trained chaperone or Doping Control Officer from the time of notification until arrival at the DCS. Athletes are reminded that refusal to provide a sample can render them liable to disqualification and may lead to further disciplinary action.

Athletes who are required to use prescribed medication for the treatment of a medical condition should ensure that they have registered their medication, where necessary, through the Therapeutic Use Exemption system prior to attending the Championships.

11.2.1 Selection of Athletes

The selection of athletes for control will be made on a final position and/or random basis under the supervision of the Doping Control Delegate. In addition, the selection of further athletes may be ordered at the discretion of the Doping Control Delegate.

11.2.2 Additional Controls

20th World University Cross Country Championships

Additional athletes may present themselves for testing. These athletes must report to the TIC where they will have to complete the "Doping Control Request Form". They will then be escorted to the Doping Control Station.

12. SECURITY

Instructions given by the LOC, the security personnel and the police must be followed in all areas, as well as during transport from one location to another.

The accreditation card must be worn at all times. If an accreditation is lost, this should be reported immediately to any LOC information desk.

If necessary, the police can be contacted through the LOC information desk at your hotel.

13. OPENING CEREMONY AND CLOSING PARTY

13.1. FISU/ Local Organising Committee Dinner

FISU and the Local Organising Committee will jointly host a Dinner for FISU Family guests, including representatives of the Member Federations, i.e. President, General Secretary, Team Leader or any representative. Event will take place on Friday, 11 March 2016 at 20.30. Venue will be announced upon arrival in Cassino.

13.2 Opening Ceremony

Opening Ceremony will take place on 11 March at 17.00, at Teatro Manzoni.
FISU Opening Ceremony will take place on 12 March at 10.30.

13.3 Closing Ceremony and Party

The Closing Ceremony will take place on Saturday, 12th March:

- 19:30 Closing Ceremony – FISU Gala-CUSI-FIDAL-UNICLAM – Passage of the flag to the 2018 Organizing Committee (Fédération Suisse du Sport Universitaire) – Projections of races of the day – Highlights
- 23:00 University Party-Dj Music

14. DEPARTURE

Teams will be asked to provide full travel details together with the final entries. Teams will also receive a departure form, which should be completed and returned to the LOC Information desk in the hotel, at least 24 hours before departure, especially if there are any changes to the provided details. Departure times of the shuttle buses from the hotel will be provided and displayed at the LOC Information desk.

All outstanding fees, charges and possible other expenses must be settled with the cashier. On the day of departure the LOC Hotel Manager will check the rooms together with the Team Leaders.

20th World University Cross Country Championships

15. CONTACT DETAILS

For further details about the 20th WORLD UNIVERSITY CROSS COUNTRY CHAMPIONSHIPS in Cassino please contact:

Medical Services

'Hospital Santa Scolastica'

Address: Via San Pasquale, 03043 Cassino (Fr)

Tel.: 0776/39291

Emergency: 118

Clinic And Counseling 'Cassino: Consultorio Familiare'

Address: Via Sferracavalli N. 2, 03043 Cassino (Fr)

Secretary: 0776/311757

Times: Monday to Friday 08:30-13:00, 14:30-17:0

Security

Municipal Police Office

Address: Piazza De Gasperi, Near The City Hall

Tel: 0776/298432

Local Police Commander Office

Tel: 0776/298452

The Local Police Is In Service Every Day, Times: 8:00-20:00

For People/Times Office: Tuesday And Thursday 9:00-12:30

Emergency: 113

Carabinieri

Address: Via Sferracavalli N. 59, 03043 Cassino (Fr)

Tel: 0776/323200

Emergency: 112

16. APPENDICES

Appendix 1 – Map of the course and course profile (see next page)

20th World University Cross Country Championships



1. START
2. FINISH
3. MIXED ZONE
4. WARM-UP AREA
5. TEAMS TENT
6. CALL ROOM
7. TEAMS DROP-OFF / PICK-UP
8. COACHES ZONE
9. VIP TRIBUNE
10. MEDIA TRIBUNE
11. TEAMS PARKING
12. VIP / MEDIA PARKING
13. PUBLIC PARKING
14. VIDEO SCREEN
15. PHOTOGRAPHERS PLATFORM
16. VICTORY CEREMONY PODIUM
17. VICTORY CEREMONY PREPARATION ROOM
18. FACILITIES: a) medical centre, b) media centre, c) T.I.C. and Copy Room, d) LOC Office, e) Jury of Appeal and Technical Delegate Room, f) Timing Company Room
19. ANTIDOPING



Run toward Campus

COMPETITION VENUE

Lap: 1500m Starting Straight: 150m Final Stretch: 50m
 MEN'S RACE: 10.700m (150m + 7x1500m + 50m)
 WOMEN'S RACE: 6.200m (150m + 4x1500m + 50m)

